# COVID-19

# **School Quarantine Guidance**





## **Exposure to Positive Case**

(positive case isolates)

**Face Covering Requirement** 

### **Everyone MASKED**

(Positive case and close contacts MASKED)

Close contacts within 3 feet of positive case notified to monitor for symptoms for 14 days

(See masked close contact flyer)

If symptoms develop, quarantine and get tested, whether fully vaccinated or not. No Face Covering Requirement

#### **Anyone UNMASKED**

(Positive case and/or close contacts UNMASKED)

Close contacts within 6 feet of positive case must quarantine\* with 1 of the below 3 options:

- 1. Quarantine 14 days (no test needed)
- 2. Quarantine 10 days (no test needed)
- 3. Quarantine for 7 days.

  Return day 8 with negative test on day 5, 6 or 7
- \* Unless fully vaccinated or have been ill with COVID-19 within the previous three months and recovered, and without any symptoms.

#### Note:

*Applies to the* classroom setting only. Does not apply to high-risk activities such as lunch, band, choir or extra-curriculars.

# COVID-19 School Quarantine Guidance When all are masked in a K-12 school environment



#### Enhanced Precautions: When identified as a close contact in the K-12 classroom

- Mask at all times throughout the school day and while on the bus. No exceptions.
- Distance as much as you can from others during the school day.
- Maximize spacing during lunch and in any high-risk class, such as music and physical education since masks will be off. Schools may consider additional spacing for those who are identified as close contacts.
- Prioritize hand hygiene
- Monitor symptoms at home before arriving at school each day
  - o If ANY signs or symptoms are identified while at home, student/teacher/staff should NOT come to school and should get tested.
  - o If symptoms develop during the school day, individual should go home as soon as possible and get tested.
    - 1. If COVID-19 test is positive, begin 10 days of isolation starting from the date symptoms began.
    - 2. If COVID-19 test is negative because individual is identified as a close contact and has symptoms, he or she must complete remaining days of a 14-day quarantine. Must also be free of symptoms and fever for at least 24 hours without the use of fever-reducing medication before returning to school.

#### For ALL extra-curricular activities including but not limited to music and athletics, including cheerleading:

- Wear masks at all times while not actively performing or actively playing during your sporting activity.
- Examples of when mask should be worn:
  - o While on the sideline/bench
- o In the locker room

o While in the dugout

- o Before/after a sporting event
- o While hanging out with friends
- o During club and/or team meetings
- Distance as much as possible when you are unmasked.
- Use hand sanitizer before and after playing/touching equipment
- Stay home if symptoms appear or if feeling sick, and get tested
- DO NOT participate if experiencing symptoms of COVID-19 as you can spread illness to others.