

# I just got my COVID-19 vaccine!

## What's next?

### About the Johnson & Johnson (Janssen) vaccine:

You just received your COVID-19 vaccine. The vaccine is **at least 85%** effective at preventing serious illness from COVID-19.

**Want to learn more? Aim your smartphone's camera at this QR code to download the Fact Sheet.**



### After vaccination:

After you get the shot, you will be asked to stay for 15-30 minutes to monitor for reactions, which are rare. *Many people will have no side effects. Some may experience:*



- Pain or swelling at the injection site
- Headache
- Chills
- Fever (usually less than 100.4° F)



*Call your doctor if the arm in which you got the shot feels worse after 24 hours or if your side effects do not go away after a few days.*

### The vaccine can't give you COVID-19.



Be sure to keep your vaccination card for your records.

**TIP:** *Take a picture of your vaccination card with your smartphone for safekeeping in case you misplace it.*



For more information visit:  
[www.OurShot.IN.gov](http://www.OurShot.IN.gov)



Indiana  
Department  
of  
Health



Enroll in V-safe, a new smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines. Go to **[vsafe.cdc.gov](https://vsafe.cdc.gov)** OR aim your smartphone's camera at this QR code.



Women younger than age 50 should be aware of a slightly increased risk for a rare but serious blood clotting disorder. Most people who developed these blood clots and low levels of platelets were females ages 18 through 49 years and symptoms began one to two weeks following vaccination.

**The chance of this occurring is remote. You should seek medical attention right away if you have any of the following symptoms after receiving Johnson & Johnson COVID-19 vaccine:**

- Severe or persistent headaches or blurred vision
- Shortness of breath
- Leg swelling
- Easy bruising or tiny blood spots under the skin beyond the site of the injection
- Chest pain
- Persistent abdominal pain

## When you've been fully vaccinated:

You are fully vaccinated two weeks after your J & J shot.



Wear a mask indoors in public if you are in an area of substantial or high transmission, or as outlined by local guidance.



If you travel, you should still take steps to protect yourself and others. You will still be required to wear a mask on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States, and in U.S. transportation hubs such as airports and stations. Continue to monitor for symptoms and get tested if you've been exposed to someone with COVID-19, even if you don't have symptoms..

For more information visit:  
**[www.OurShot.IN.gov](https://www.OurShot.IN.gov)**



**Indiana**  
Department  
of  
**Health**

