

I just got my COVID-19 vaccine!

What's next?

About the COVID-19 vaccine:

The COVID-19 vaccine helps prevent serious illness from COVID-19.

Want to learn more? Aim your smartphone's camera at the QR code below to download the Fact Sheet.



Moderna



Pfizer

After vaccination:

After you get the shot, you will be asked to stay for 15-30 minutes to monitor for reactions, which are rare. *Many people will have no side effects. Some may experience:*



- Pain or swelling at the injection site
- Headache
- Chills
- Fever (usually less than 100.4° F)



Call your doctor if the arm in which you got the shot feels worse after 24 hours or if your side effects do not go away after a few days.

The vaccine can't give you COVID-19.



Be sure to keep your vaccination card for your records.

TIP: Take a picture of your vaccination card with your smartphone for safekeeping in case you misplace it.



Enroll in V-safe, a new smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines. Go to **vsafe.cdc.gov** OR aim your smartphone's camera at this QR code.



Experts continue to study the vaccines

A serious reaction to any of the vaccines is rare.

Mild side effects from the vaccine, which are normal signs that your body is building protection, should go away in a few days.

Talk to a doctor about taking over-the-counter medicine, such as ibuprofen, acetaminophen, aspirin (only for people ages 18 years or older), or antihistamines for any pain and discomfort experienced after getting vaccinated.

To reduce pain and discomfort where the shot is given:

- Apply a clean, cool, wet washcloth over the area.
- Use or exercise your arm.



If you have a fever:

- Drink a lot of water
- Get plenty of rest

If you are getting a COVID-19 vaccine that requires two or three doses, be sure to schedule an appointment for your additional shots.

Your body takes about two weeks to develop a full immune response after your final shot. Your body needs time to build protection after any vaccination.

Be sure to stay up to date with your COVID-19 vaccines, which includes getting boosters or additional doses when eligible.

For more information visit:
www.OurShot.IN.gov

