COVID-19
Control Measures

Legal Authority: IC 16-41-2-1
Statutes Affected: IC 16-41-2

The specific control measures for COVID-19 (infectious agent: SARS-CoV-2 virus) are as follows:

1. Laboratory-confirmed cases of COVID-19 shall be reported to the local health officer and Indiana Department of Health (IDOH) according to the Communicable Disease Reporting Rule, 410 IAC 1-2.5-75 and 76.

2. Individuals who test positive should notify their close contacts of potential exposure. Close contacts, defined as any individual within 6 feet of an infected person (laboratory confirmed or probable case) for a total of 15 minutes or more within a 24-hour period, should be notified and monitor for symptoms for 10 days after exposure and if symptoms develop, isolate and get tested.

3. Individuals who test positive for COVID-19 should isolate, including exclusion from school, preschools, daycare settings, employment, and public places, for at least 5 days following the onset of symptoms or, if asymptomatic, at least 5 days from the date of collection of the positive test. Following the 5-day isolation period, the individual should wear a mask when around others for an additional 5 days. Before discontinuing isolation, an individual should be at least 24 hours fever-free without fever-reducing medications and their symptoms should be improving. Healthcare settings and high-risk congregate settings (such as correctional and detention facilities, homeless shelters, group homes and long-term care facilities), should continue to follow CDC isolation guidance as instructed at the links below.

4. All individuals identified as close contacts should continue to monitor for symptoms and, if possible, test 5 days after exposure. If symptoms develop, the individual should isolate at home and test. If positive, follow isolation guidance.

5. For outbreak control in healthcare settings, healthcare facilities should follow the current guidelines as directed by the CDC at https://www.cdc.gov/coronavirus/2019-ncov/hcp/non-us-settings/public-health-management-hcw-exposed.html and notify their local health department.

6. For outbreak control in congregate living settings, such as long-term care facilities, correctional facilities, and jails, facilities should follow the current guidelines for exposure, quarantine, and isolation as directed by the CDC at https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-home-long-term-care.html or https://www.cdc.gov/coronavirus/2019-ncov/community/correction-detention/index.html and notify their local health department.

7. Local health departments should prioritize investigating outbreaks in high-risk settings such as congregate residential settings (e.g., shelters, correctional facilities, group homes, and long-term care facilities) or for outbreaks or clusters in specific settings, such as schools or institutions of higher education, or in relation to initial cases or clusters associated with new variants.

8. COVID-19 vaccine should be offered to all healthy, eligible individuals without medical contraindications. Providers must obtain consent from a parent or guardian for any individual under age 18 who is eligible to receive the COVID-19 vaccine.