

The following isolation, quarantine and contact tracing guidance is for schools **without a mask requirement.**



K-12 Isolation Guidance:

If student **tests positive**: Positive is positive, regardless of masking or vaccination status

- Stay home for 5 days
- Return to school Day 6 if asymptomatic or symptoms are resolving and continue to mask Day 6-10 in classroom (if unable to mask properly at all times around other people, must remain isolated at home for full 10 days)
 - Symptoms must be resolving/improving, and student must be fever-free for 24 hours without medication.
 - "At all times" includes outdoors if around other people
 - May resume extracurricular activities on Day 6 if able to wear a mask properly at all times for Days 6-10, above conditions are met and cleared by physician (<https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>)

K-12 Quarantine Guidance: No Mask Requirement

If student is **exposed** to someone with COVID-19 in or outside the classroom, including home contacts and extra-curriculars:

- If **fully vaccinated** (get students boosted as soon as they are eligible)
 - May remain in school as long as continue to be asymptomatic
 - Wear a mask at all times in classroom for at least 10 days (quarantine ends 10 days after the last day of exposure to the positive case), test on Day 5 if possible
 - May continue extracurricular activities; masking at all times. Unmask only when actively playing or performing.
 - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

K-12 Quarantine Guidance: No Mask Requirement

If student is **exposed** to someone with COVID-19 in or outside the classroom, including home contacts and extra-curriculars continued:

- If **unvaccinated or partially vaccinated**:
 - Stay home for 5 days after the last day of exposure to the positive case; test on Day 5 if possible
 - Return to class on Day 6 if asymptomatic, wear a mask at all times in classroom for at least 5 days (quarantine ends 10 days after the last day of exposure to the positive case)
 - No extracurricular activities for 5 days of home quarantine. May resume Day 6 only if able to wear a mask at all times (including while actively performing or playing during your activity) for Days 6-10. If you cannot safely mask, do not participate in the extra-curricular activity. Remember, at all times includes outdoors when around others.
 - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

Enhanced Precautions: Best Practices In Schools

When Masks Are Not Required

- Enhanced precautions for those returning to school prior to full 10-day quarantine or isolation during the school day
 - Masked at all times (except when eating/drinking)
 - Maintain at least 3 feet of distance between the individual returning early from quarantine and others when in the classroom.
 - At least 6 feet of separation between individual returning early and others when eating or drinking
 - Masked at all times on bus no exceptions. Reminder, **this is a federal requirement.**
 - Continue all other mitigation strategies
- Symptom monitoring daily by parents, as needed by school staff, during the school day.
- If ANY signs or symptoms are identified while at home, student/teacher/staff should NOT come to school and should seek a COVID test.
- If symptoms develop during the school day, individual should be sent home as soon as possible to get a COVID test. If COVID test is positive, follow isolation guidance.
- If COVID test is negative, individual should remain home until they meet the criteria to return. Continue to wear a mask for at least 10 days and follow quarantine guidance if a close contact.



Contact Tracing: In Schools **without** Mask Requirement

Continue all current practice:

- Follow current isolation and quarantine guidance in schools without mask requirement
- Continue reporting all positive cases and close contacts as you have been in the K-12 Gateway portal(you may enter an aggregate number of close contacts if your school is making all the close contact notifications)
- If you need our help reaching a close contact, be sure to enter the information as soon as you can to allow an effective response. Do not wait to enter your case information until the end of the week.

K-12 Gateway Portal Reminders

- When using the “bulk upload” feature (Excel template) in the K-12 portal
 - Make sure to use the correct version of the Excel template. It is imperative to successful upload without issues
 - The Excel template changes as updates are made to the K-12 portal, so please make sure you are using the most up-to-date version
 - Please download the template each time you want to use the bulk upload feature
 - If you have issues with using the bulk upload feature:
 - Create a Help Desk ticket
 - Include a screenshot of the error message you are receiving
 - Attach the document you are trying to upload

Help desk: <https://eportal.isdh.in.gov/SchoolAppCustomer/>

Isolation/Quarantine Calculator

- We have reconfigured the isolation and quarantine calculator flow to better incorporate guidance for vaccinated individuals who are exposed to COVID-19. It should post later this week
- All quarantine and isolation guidance has been updated to accurately reflect the CDC, including:
 - 5-day isolation for positive cases without symptoms
 - 5-day quarantine for close contacts without symptoms.
- We have added our COVID-19 Guidance Center phone number and hours for individuals who have questions
- We have emphasized the need for cases to notify their own close contacts and have included a link that people can use for anonymous notification if they choose (TellYourContacts.org)
- This link goes directly to the calculator: <https://eportal.isdh.in.gov/C19QuarantineCalculator/>