



The Indiana State Department of Health supports reopening personal services in long-term care facilities.

WHO IS ELIGIBLE TO RECEIVE PERSONAL SERVICES?

- Residents who no longer require COVID-19 transmission-based precautions
- Residents who are COVID-19 naïve, symptom free, and not at risk because of a close contact.

WHO IS NOT ELIGIBLE TO RECEIVE PERSONAL SERVICES?

- Residents who are actively infected with COVID-19 or exhibiting COVID-19 symptoms.
- Residents being quarantined for 14 days for known exposure to COVID-19 because of a close contact should not receive personal services.

PERSONAL SERVICES SAFETY RECOMMENDATIONS

- Ensure social distancing of at least 6 feet between beauticians/employees for personal services utilizing spaced stations. If this is not possible, install barriers that can be sanitized.
- Train beauticians/employees for personal services on the importance of hygiene and sanitation, and consider requesting them to obtain a Barbicide Certificate: <https://barbicide.com/certification/>.
- Develop a protocol to screen beauticians/employees for personal services upon entry.
- Require symptomatic employees or contractors to stay home and adhere to the CDC's [Return to Work Criteria](#).
- Require face coverings for beauticians/employees for personal services (e.g. non-surgical masks, face shields).
- Wear gloves whenever possible.
- Clean high-touch items after each use (e.g. door handles, chairs, shampoo bowls) with [approved disinfectants](#) for COVID-19.
- Use hand sanitizers and wash hands in high-contact locations (e.g. register, entry, exit, bathroom).
- Do not come to an appointment if ill, symptomatic, or positive for COVID-19.
- Face coverings for residents are required throughout the appointment.
- Wipe down all seats and tables with approved disinfectants for COVID-19.
- Employees should frequently wash or sanitize their hands after using the phones, computer. Wipe these surfaces between each customer.
- Clean and disinfect all non-porous implements used in your services (immersion, spray or wipe).
- Store properly disinfected implements in closed containers that have also been disinfected.
- Clean and disinfect all electrical implements used in services.
- Clean and disinfect chairs and headrests.
- Clean and disinfect station, rolling carts, drawers and any containers used for storage.
- Clean and disinfect all capes or use disposable or single use capes that can be laundered after each resident.



CLEANING

1. Disinfectant must be EPA-registered and labeled as bactericidal, virucidal and fungicidal.
 - a. Refer to List N: Disinfectants for Use Against SARS- CoV-2 (COVID 19) <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>.
 - b. Not all products will be labeled for COVID-19 yet, but many will have human coronavirus efficacy either on their label or available on their websites.
 - c. The EPA has approved any product that has tested as effective against human coronavirus, to make a claim for COVID-19 at this time.
2. Disinfectant for immersion must be made fresh daily and replaced if it becomes contaminated sooner.
3. Any personal protective equipment (PPE) used is single use and must be changed after each client, for example gloves, gowns and masks.
 - a. Masks may be required and changing them would be dependent upon availability. Masks can be reused but must be changed if soiled.
4. Hands must be washed before and after gloves are removed.
5. Masks are required for licensee and client for nails services per Gov. Eric J. Holcomb's Executive Order [20-37](#).
6. Do not shake hands as a greeting.
7. Wash hands with soap/water for 20 seconds before/after eating, smoking and using the restroom.
8. Wash hands immediately before and after providing a resident (hand sanitizer where allowed).
9. Provide hand sanitizer for residents to use.
10. All implements (non-porous) being used on more than one client, must be cleaned and disinfected for the full contact time on the disinfectant label before being used.
11. Stations, chairs, rolling carts and any other storage containers disinfected daily.
12. All pedicure bowls must be fully cleaned and disinfected before EACH client - All removable parts removed and thoroughly cleaned and disinfected.
 - a. Bowl scrubbed with brush and detergent/soap
 - b. Bowl rinsed
 - c. Removable parts replace
 - d. Properly concentrated disinfectant in bowl and allowed to sit or run (jets) for full contact time listed on the disinfectant label
 - e. Bowl drained and rinsed
13. All hand/foot nail drying tables cleaned and disinfected after each client or barrier method used.
14. All towels/capes laundered (porous) or disinfected (non-porous) after a single use.
15. All towels/linens dried until "hot to the touch."
16. All towels/linens stored in a closed, covered container.
17. Clean item or surface: Cleaning is intended to prepare the item or surface so that disinfectant can make full contact with the material and be effective against all pathogens listed on the label.
18. Cleaning may be done with soap/water, chemical cleaner or wipe.



19. Rinse and dry implement or surface.
20. Disinfect using a properly concentrated disinfectant made for immersion, a spray or wipe.
21. All disinfectants must be EPA-registered as bactericidal, virucidal and fungicidal.
22. Observe full contact time on manufacturer's label. This means that implement or surface must stay visibly wet for full contact time listed.
23. Immersed items should be removed at the end of contact time, rinsed and dried with a paper towel or clean, freshly laundered towel.
24. Clean implement with wipe or spray and remove any debris, such as hair.
25. Use an EPA-registered bactericidal, virucidal and fungicidal spray, foam or wipe to disinfect implement for full contact time listed on the manufacturers label.
26. When contact time is complete, dry with paper towel or clean, freshly laundered towel.

ADDITIONAL RESOURCES

Additional information and resources for COVID-19 are available at the links below.

- CDC COVID-19 webpage: <https://www.cdc.gov/coronavirus/>
- ISDH COVID-19 webpage: <https://coronavirus.in.gov>
- ISDH COVID-19 webpage for long-term care professionals: <https://www.coronavirus.in.gov/2399.htm>
- ISDH COVID-19 webpage for long-term care residents and families: www.coronavirus.in.gov/longtermcare