

COVID-19 RESOURCE GUIDE

FOR HOOSIERS LOOKING FOR ASSISTANCE

CORONAVIRUS (COVID-19) SITUATION UPDATES <i>Latest information and important resources</i>	
Indiana	For current and the most reliable information on COVID-19 in Indiana, please visit the Indiana State Department of Health's website: coronavirus.in.gov . The page is updated regularly and includes information, such as preventive measures and what to do if you're sick, as well as information for healthcare and other public health professionals. Learn more.
National	The Centers for Disease Control is another reliable source for current COVID-19 information. The CDC's website includes information on the number of COVID-19 cases in the U.S., resources for the community and information for healthcare professionals. Learn more.
TRAVEL <i>Travel guidance and recommendations during this public health emergency</i>	
National/International	Following CDC guidelines, ISDH has developed a resource document for travelers, which includes international and national travel recommendations. Learn more.
Travel within the state	For travel restrictions within the state, please visit the Indiana Department of Homeland Security's travel website. Learn more.
UNEMPLOYMENT BENEFITS <i>The following guidance was provided by the Indiana Department of Workforce Development</i>	
Indiana Department of Workforce Development	The Indiana Department of Workforce Development is reminding Hoosiers that applications for unemployment insurance benefits can be completed electronically. Hoosiers can apply on a computer or smart phone. For more information on unemployment insurance, visit Unemployment.IN.gov . There, Hoosiers can find the Claimant

Updated Sept. 2, 2020

For more information visit <https://coronavirus.in.gov>.

	Handbook, Frequently Asked Questions, a link to online filing and more information. Learn more.
<p>CHILD CARE ASSISTANCE <i>The following guidance was provided by the Family and Social Services Administration.</i></p>	
Family and Social Services Administration	<p>For families: Many child care providers have closed their doors during the COVID pandemic. But Indiana is encouraging as many as possible to remain open during the crisis to continue to support essential workers. Click here for more information.</p> <p>Families who need help finding or paying for care can contact Brighter Futures Indiana staff at 1-800-299-1627 and a referral specialist can support them in their search.</p> <p>When locating care, it is important to ensure that families are choosing licensed and regulated care for their children. To check if the environment is licensed or regulated you can go to childcarefinder.in.gov or call 1-800-299-1627.</p> <p>For child care providers: There is a great deal of guidance and assistance available for child care providers on FSSA's website here.</p>
<p>INDIANA ASSISTANCE PROGRAMS</p>	
SNAP, TANF, Medicaid	<p>The Indiana Division of Family Resources closed its local offices around the state on March 20, 2020, in the interest of providing social distance during the COVID-19 pandemic. However, Hoosiers can still apply for benefits Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or health coverage (Medicaid) online at www.fssabenefits.in.gov, or via phone at 800-403-0864.</p>
Indiana WIC	<p>Indiana WIC remains committed to serving families and continuing daily operations during the COVID-19 pandemic. Please be aware WIC local agencies have been given the flexibility to complete WIC appointments over the telephone. These appointments include enrollment, recertification, nutrition education/issuing benefits, breastfeeding support and referrals to other services. Currently, WIC operations will vary by region/WIC local agency, so please contact your local WIC clinic directly for additional details or questions. You can find your local WIC clinic by using the "WIC Clinic Locations List"</p>

Mental Health	<p>OR “WIC Clinic Locations Map” in the drop-down list to the left here. Contact the state WIC office at 1-800-522-0874.</p> <p>COVID-19 Mental Health Resources and Videos at Be Well Indiana.</p> <p>Learn more.</p>
Housing	<p>For housing assistance in Indiana, such as information on the Energy Assistance Program (EAP), please contact the Indiana Housing and Community Development Authority.</p> <p>Learn more.</p>
Food Assistance	<p>FSSA has published a food availability map for Hoosiers seeking food assistance: Learn more.</p>
General assistance/utilities 2-1-1	<p>Indiana 211 is a free service that connects Hoosiers with help and answers from thousands of health and human service agencies and resources right in their local communities - quickly, easily, and confidentially. 2-1-1 can provide assistance on:</p> <ul style="list-style-type: none"> • Food & Clothing • Mental Health & Addiction • Health Care • Housing & Utility Assistance • Education & Employment • Children & Family • Tax Assistance • Advanced Search <p>Call 2-1-1 or visit their website.</p> <p>Learn more.</p>
Available positions working with disabled, elderly and in child care	<p>FSSA launched the “Hoosiers Serving Hoosiers” project to connect people in need of jobs with organizations that have urgent needs for workers right now. Those organizations include those that provide critical care for older Hoosiers and those with disabilities, as well as child care providers.</p> <p>Anyone interested in serving these Hoosiers, please click here, fill out the form and FSSA will do its best to connect them with open opportunities.</p>

COVID-19 RESOURCE GUIDE

Resources for Hoosiers at home who want to help other Hoosiers.

USEFUL INFORMATION FOR FAMILIES	
Talking with children	<p>As public conversations around coronavirus disease 2019 (COVID-19) increase, children may worry about themselves, their family, and friends getting ill with COVID-19. Parents, family members, school staff, and other trusted adults can play an important role in helping children make sense of what they hear in a way that is honest, accurate, and minimizes anxiety or fear. CDC has created guidance to help adults have conversations with children about COVID-19 and ways they can avoid getting and spreading the disease.</p> <p>Learn more.</p>
Food safety	<p>According to the United Fresh Produce Association, there are no clinically-confirmed cases of COVID-19 linked to the consumption of fresh produce or food sold through traditional retail outlets. As consumers select their produce, adhering to food safety guidance is critical. We encourage consumers to wash their hands, and wash and prepare their produce following FDA recommendations.</p> <p>Learn more.</p>
Pets	<p>In the midst of all the life disruptions generated by COVID-19, the Indiana State Board of Animal Health is offering some guidance to pet owners who have/may have been exposed to the coronavirus. While much is still unknown about this virus, no evidence indicates that companion animals, including pets, can get sick from or spread COVID-19. However, because we are still learning about this virus, we recommend that pets that have been in contact with COVID-19 patients should also remain in the home during the isolation period.</p> <p>Learn more.</p>
SCHOOLS <i>Guidance for communities on how to navigate COVID-19</i>	
School	Check your school corporation's website for information specific to your child's school.

Updated Sept. 2, 2020

For more information visit <https://coronavirus.in.gov>.

E-learning resources	<ul style="list-style-type: none"> • Learn more from the Indiana Department of Health, click on Back to School Resources • Learn more from the Indiana Department of Education (IDOE) • Digital Learning Toolkit from IDOE • Centers for Disease Control and Prevention back to school information here.
COMMUNITY INFORMATION	
Blood drives	<p>Thousands of blood drives have been canceled due to COVID-19, resulting in a decrease of more than 86,000 units of blood being donated. Blood donation is safe and in high need. For donation locations and additional guidance, click the link below.</p> <p>Learn more.</p>
Community Economic Relief Fund (United Way)	<p>The Central Indiana COVID-19 Community Economic Relief Fund was launched on March 13, 2020, to help ensure individuals, children and families in need are supported during this pandemic. United Way of Central Indiana and a coalition of partners are working with the human services sector to identify these immediate needs and make emergency funds available to organizations working directly with vulnerable populations.</p> <p>Learn more.</p>
State parks	<p>Indiana State Parks and Inns and other DNR properties remain open. The Indiana Department of Natural Resources will implement recommendations from local county health departments and the Indiana Department of Health and will follow other directives from the State of Indiana regarding any future closures or cancellation and rescheduling of events. Notifications of any changes will be provided directly to guests and groups with reservations and added to our property advisories webpage and the DNR calendar.</p> <p>Learn more.</p>
Restaurants	<p>For a list of Indiana restaurants that are offering catering, delivery or drive-thru options, please visit the Indiana Restaurant and Lodging Association’s website.</p> <p>Learn more.</p>
Legal support	<p>For legal support in Indiana, please visit IndianaLegalHelp.org.</p>