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State of Indiana

Division of Aging

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Resources for Individuals Living at Home

Purpose: As a result of the COVID-19 pandemic, some families and friends may choose to care for their loved one at home who might otherwise have required care in a long-term care facility (e.g., nursing home or assisted living). For these individuals, the Indiana Division of Aging and local INconnect Alliance members may be able to help.

Medicaid Waiver and Home Health Services: To find out if you qualify for any of the services below contact your local Area Agency on Aging by visiting INconnectAlliance.org, or calling 1-800-713-9023 and typing in your ZIP code. Please note that all services are subject to availability and are not guaranteed. For more information about the Division of Aging, please visit in.gov/fssa/da/.

The following are different home care services and supports that some families and friends may qualify for to help care of individuals in their homes:

Attendant Care can provide hands-on care to assist in activities such as bathing, dressing, eating, toileting, mobility, etc.

Care Management is a collaborative process to assess, facilitate, plan, advocate, coordinate care, and evaluate the person's needs with service or community resource options.

Community Transition Service can help pay for items that would be needed to allow someone to move out of a nursing facility and back home. This could include a bed, couch, initial deposits, clothes, personal care items, etc.

Health Care Coordination helps connect and coordinate both social and clinical services.

Home and Community Assistance can help with many daily tasks that do not require hands-on personal care such as cleaning, cooking, errands, help with paying bills, etc.

Home Delivered Meals can deliver nutritious meals to the home.

Home Modifications can provide accessibility updates to homes. This can include items such as ramps, bathroom remodels, and stair lifts.

Personal Emergency Response is technology that monitors for falls and notifies authorities if one occurs.

Pest Control can make sure the home environment is free from insect infestation.

Prior Authorization Home Health can provide needed skilled and unskilled home health needs through the prior authorization process.

Respite Care pays for a person to come into the home to provide temporary relief to family members caring for a loved one at home.

Structured Family Caregiving allows families to be paid for providing personal care services. The Area Agency on Aging may also provide training, education, and technology resources.

Vehicle Modifications can update a vehicle to be accessible to those with disabilities.

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